

MUMPS (INFECTIOUS PAROTITIS)

DATE OF EXPOSURE _____

NOTICE TO PARENTS

Your child may have been exposed to Mumps. If your child develops any of the signs and symptoms below, please consult your child's doctor and notify your school.

School policy excludes children from school for 9 days after the onset of swelling or until swelling is gone.

Prevention of Mumps is achieved by immunization with live attenuated vaccine of children after 15 months of age. A single injection of mumps vaccine (or a combination of Measles, Mumps, Rubella) induces active life-long immunity in 95% of susceptible individuals.

CAUSATIVE AGENT: Mumps Virus.

SIGNS AND SYMPTOMS: About 2 to 3 weeks after exposure, the child develops a fever and swelling or tenderness of one or more salivary glands in front of the ear or in the neck under the jaw. One or both sides may be affected, together or several days apart. There may be pain on opening the mouth or pain referred to the ear. Headache, fever, loss of appetite, and muscular aches may precede the pain and swelling.

INCUBATION PERIOD: About 2 to 3 weeks, commonly 18 days.

COMMUNICABILITY: Seven days before tenderness or swelling and up to 9 days thereafter.

TRANSMISSION: Infection is by direct contact with nasal or throat secretions (saliva, coughing, sneezing, close contact) of the infected person or contact with articles freshly soiled with nose and throat discharges.

For more information contact your health care provider, your School Nurse, the Marin County Health Department or: http://kidshealth.org/parent/infections/bacterial_viral/mumps.html