

Marin School Wellness Policy Toolkit

Imagine a community that draws people together to create an environment that strengthens the present and shapes a positive and healthy future by promoting life-long healthy choices earlier in life.”-Healthy Marin Partnership-“Pathways to Progress”

This guide and toolkit was developed by the Marin County Physical Activity Nutrition Wellness Collaborative, which came together to with the mission of improving the health and well being of our community through healthy eating and active living. Well before Section 204 of the Child Reauthorization Act was passed in June, 2004, various community members, partnerships and coalitions were working to bring individual and community awareness around the importance of making healthy choices earlier in life, making lifestyle changes conducive to good health, regardless of age, and helping to improve the community environment in which we live.

When Section 204 became law, with the requirement of having a local wellness policy passed by each school district’s board by June, 2006, the collaborative decided to offer their support. Collaborative members and local experts came together to offer help, and to provide technical resources and support to the school districts. Via the partnership and guidance of the Marin Office of Education, the Collaborative steering committee has assembled this toolkit and is developing a series of trainings to those school health coordinators and councils responsible for making this happen.

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