

# Step 1

## Learn about Section 204 Local Wellness Policy Requirements

Begin your process by becoming familiar with the **Section 204 requirements of the Child Nutrition and WIC Reauthorization Act of 2004**. In many cases, state laws and state or local policies are more stringent than the Federal law. Therefore, at a minimum, your school district's new wellness policies must be in compliance with the Federal statute requirements, plus all relevant state and district requirements.

### Contents of this Section:

1. Child Nutrition and WIC Reauthorization Act, Section 204  
source: [www.fns.usda.gov/tn/Healthy/wellnesspolicy.html](http://www.fns.usda.gov/tn/Healthy/wellnesspolicy.html)  
For California legislation see the California Center for Public Health Advocacy Website: [www.publichealthadvocacy.org/](http://www.publichealthadvocacy.org/)
2. Powerpoint:  
Local school Wellness Policy: Creating Healthy School Environments  
Developed by the Marin Physical Activity Nutrition Wellness Collaborative



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