

## Tips and Tools for Talking about Race: The VCR and PAST Models

▶ **Date:** Thursday, October 18th, 2018

▶ **Time:** 9:00 am – 5:00 pm

(Two 15-minute breaks and 1 hour lunch will not be included in the total CE credit, doors open at 8:30am)

▶ **Location:** St Vincent's School for Boys – Auditorium  
1 St Vincents Dr, San Rafael, CA 94903

▶ **Cost:** FREE

**Level of Instruction:** Introductory

**Target Audience:** BHRS staff, contract agency partner staff, consumers/family members and community partners

**Description:** Conversations about culture, especially race, are almost always daunting tasks. Regardless of the setting, the demographics of the participants involved, or the purpose of the conversations, attempts to engage across the divides of race and culture are seldom progressive, meaningful, or effectively executed. Earnest efforts to have fully engaged cultural and racially centered conversations are often fraught with conflict escalation, verbal withdrawal, emotional cutoff, or diversion and distraction. The outcomes of these endeavors are often predictably unpleasant, unfulfilling, and ultimately, unsuccessful.

This all-day workshop will introduce both The VCR and the PAST Models as tools designed to facilitate challenging conversations especially those associated with race. The VCR is a 3 step strengths-based approach centered on mastering the skills of Validation, Challenging, and Requesting. It is adaptable and can be used in virtually any situation, translating the core principles of healthy communication into interactions threatened by escalating conflict and rigid stand-offs. The PAST Model, which is best used in conjunction with the VCR, highlights the significance of power, privilege, powerlessness, and subjugation and how these dynamics can affect efforts to effectively engage in conversations about race and culture.

**Instructor: Dr. Kenneth Hardy** - Dr. Hardy is an internationally recognized clinician, author, and Trainer. He is also the Director of the Eikenberg Institute for Relationships in New York City where he maintains a private practice specializing in working with traumatized and oppressed populations.

**Course Objectives:** Attendees will be able to:

- ▶ Use the VCR Model to effectively engage in conversations about race and other dimensions of culture;
- ▶ Demonstrate use of the Tasks of the Privilege to effectively engage in conversations about race and culture and;
- ▶ Demonstrate use of the Tasks of the Subjugated to effectively engage in conversations about race and culture.

### Continuing Education Credits:

- ▶ Registered Participants will receive six and a half (6.5) CEs. To receive CEs participants must attend the entire training. No partial CEs will be offered.
- ▶ BHRS is approved by the California Association of Marriage and Family Therapist (#128543) to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs. BHRS maintains responsibility for this program/course and its content. Course meets the qualifications for six and a half (6.5) hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences.
- ▶ Marin County Health & Human Services (H&HS) is a California Board of Registered Nursing continuing education provider (#4075).
- ▶ Marin County BHRS is a California Consortium of Addiction Programs and Professionals (CCAPP) Continuing Education Provider (#4S-17-271-0819).
- ▶ A certificate of completion will be awarded after the course for eligible licensed providers. If you have a grievance or concern regarding training/course, please contact: Cesar Lagleva, LCSW-Program Administrator at 415-473-2662 or clagleva@marincounty.org

### To Register: <https://www.marinhhs.org/cc-hardy-04>

If you have any questions, email your request to Gustavo Goncalves at ggoncalves@marincounty.org. Enrollment for this course will close when the training reaches its maximum participant capacity. Enrollment is on first come, first serve basis.

Healthcare professionals who want to earn Continuing Education (CE) Hours for attendance should: include their full name, agency name, contact information, and the type of license/credential and license number for which CEs are requested. E.g.: Mary Smith, LCSW, #1234.





## Behavioral Health & Recovery Services



*invites our staff and contracted partners to attend:*

All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381 (Voice)/(415) 473-3232 (TTY) or by email at [disabilityaccess@co.marin.ca.us](mailto:disabilityaccess@co.marin.ca.us) at least **four work days** in advance of the event. Copies of documents are available in alternative formats, upon written request.

