

Understanding Vicarious Trauma and Its Impact on the Clinical Process and the Professional

► **Date:** Wednesday, October 3rd, 2018

► **Time:** 9:00 am – 5:00 pm

(Two 15-minute breaks and 1 hour lunch will not be included in the total CE credit, doors open at 8:30am)

► **Location:** **Marin Center – Manzanita Room**
10 Ave of the Flags, San Rafael, CA 94903

► **Cost:** **FREE**

Level of Instruction: **Introductory**

Target Audience: BHRS staff, contract agency partner staff, consumers/family members and community partners

Description: For those of us working the trenches, persistent and pervasive exposure to trauma is an everyday occurrence. Whether working with the marginalized, the disenfranchised, those who suffer from the pains of poverty, or those whose intimate family lives have been anything but a safe haven, trauma is an ever-present and a recurring condition. Working effectively with trauma is one of the most challenging clinical endeavors in our field. For those whose work often places them on the frontline of the human suffering, becoming vulnerable to vicarious trauma is a predictable hazard of the job that often accompanies trauma-based work. This workshop will provide a conceptual framework for understanding and deconstructing vicarious trauma. The widespread effects it has on the clinical process as well as the Self of the Therapist/Worker will be examined. Special attention will be devoted to interventions that therapists and other human services workers can employ to address and ameliorate the multitudinous effects of vicarious trauma on the therapeutic process.

Instructor: **Dr. Kenneth Hardy** - Dr. Hardy is an internationally recognized clinician, author, and Trainer. He is also the Director of the Eikenberg Institute for Relationships in New York City where he maintains a private practice specializing in working with traumatized and oppressed populations.

Course Objectives: Attendees will be able to:

- List three possible indicators of and responses to vicarious trauma;
- Assess one's trauma history/exposure and to analyze how it affects their work;
- Utilize a Self of the Therapist model as a strategy for addressing vicarious trauma.

Continuing Education Credits:

- Registered Participants will receive six and a half (6.5) CEs. To receive CEs participants must attend the entire training. No partial CEs will be offered.
- BHRS is approved by the American Psychological Association to sponsor continuing education for psychologists. BHRS maintains responsibility for this program and its content.
- BHRS is approved by the California Association of Marriage and Family Therapist (#128543) to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs. BHRS maintains responsibility for this program/course and its content. Course meets the qualifications for six and a half (6.5) hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences.
- Marin County Health & Human Services (H&HS) is a California Board of Registered Nursing continuing education provider (#4075).
- Marin County BHRS is a California Consortium of Addiction Programs and Professionals (CCAPP) Continuing Education Provider (#4S-17-271-0819).
- A certificate of completion will be awarded after the course for eligible licensed providers. If you have a grievance or concern regarding training/course, please contact: Cesar Lagleva, LCSW-Program Administrator at 415-473-2662 or clagleva@marincounty.org

To Register: <https://www.marinhhs.org/cc-hardy-01>

If you have any questions, email your request to Gustavo Goncalves at ggoncalves@marincounty.org. Enrollment for this course will close when the training reaches its maximum participant capacity. Enrollment is on first come, first serve basis.

Healthcare professionals who want to earn Continuing Education (CE) Hours for attendance should include their full name, agency name, contact information, and the type of license/credential and license number for which CEs are requested. E.g.: Mary Smith, LCSW, #1234.

