

## Race and Intergenerational/Historical Trauma

▶ **Date:** Thursday, October 4th, 2018

▶ **Time:** 9:00 am – 5:00 pm

(Two 15-minute breaks and 1 hour lunch will not be included in the total CE credit, doors open at 8:30am)

▶ **Location:** **Marin Health and Wellness Center**  
**3240 Kerner Blvd, Rm 109/110, San Rafael, CA 94901**

▶ **Cost:** **FREE**

**Level of Instruction:** **Introductory**

**Target Audience:** BHRS staff, contract agency partner staff, consumers/family members and community partners

**Description:** Racially based intergenerational trauma is a powerful organizing principle in the lives of most People of Color. At its core, racial trauma is a type of interpersonal violence that lacerates the spirit, scars the soul, and punctures the psyche on the one hand, while also serving as a resounding source of determination for those affected on the other hand. Despite its pervasive effects, intergenerational trauma is rarely considered a viable contributing factor to the everyday difficulties experienced by the racially oppressed. This all-day workshop will provide an in-depth analysis of racially based intergenerational trauma. Special attention will be devoted to the intergenerational transmission process and the subtle, often invisible and undetected ways in which it disrupts individual and familial functioning. Implications for therapists and other human services workers will be discussed and participants will gain strategies for navigating entrenched behavioral patterns stemming from the effects of intergenerational trauma.

**Instructor: Dr. Kenneth Hardy** - Dr. Hardy is an internationally recognized clinician, author, and Trainer. He is also the Director of the Eikenberg Institute for Relationships in New York City where he maintains a private practice specializing in working with traumatized and oppressed populations.

**Course Objectives:** Attendees will be able to:

- ▶ Assess the effects of intergenerational trauma on the everyday life experiences of People of Color;
- ▶ Utilize effective therapeutic techniques for highlighting and disrupting self-defeating behavioral patterns rooted in intergenerational trauma;
- ▶ Critique *Self of the Therapist* issues that may hinder and/or empower one to work effectively with racially-based intergenerational trauma.

**Continuing Education Credits:**

- ▶ Registered Participants will receive six and a half (6.5) CEs. To receive CEs participants must attend the entire training. No partial CEs will be offered.
- ▶ BHRS is approved by the American Psychological Association to sponsor continuing education for psychologists. BHRS maintains responsibility for this program and its content.
- ▶ BHRS is approved by the California Association of Marriage and Family Therapist (#128543) to sponsor continuing education for LMFTs, LCSWs, LPCCs and LEPs. BHRS maintains responsibility for this program/course and its content. Course meets the qualifications for six and a half (6.5) hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California Board of Behavioral Sciences.
- ▶ Marin County Health & Human Services (H&HS) is a California Board of Registered Nursing continuing education provider (#4075).
- ▶ Marin County BHRS is a California Consortium of Addiction Programs and Professionals (CCAPP) Continuing Education Provider (#4S-17-271-0819).
- ▶ A certificate of completion will be awarded after the course for eligible licensed providers. If you have a grievance or concern regarding training/course, please contact: Cesar Lagleva, LCSW-Program Administrator at 415-473-2662 or clagleva@marincounty.org

**To Register:** <https://www.marinhhs.org/cc-hardy-02>

If you have any questions, email your request to Gustavo Goncalves at [ggoncalves@marincounty.org](mailto:ggoncalves@marincounty.org). Enrollment for this course will close when the training reaches its maximum participant capacity. Enrollment is on first come, first serve basis. Healthcare professionals who want to earn Continuing Education (CE) Hours for attendance should: include their full name, agency name, contact information, and the type of license/credential and license number for which CEs are requested. E.g.: Mary Smith, LCSW, #1234.

