

BRIEF INTERVENTION FOR SUBSTANCE USING ADOLESCENTS TRAINING



DECEMBER 7, 2018

9:00 AM - 4:00 PM

KREPS CONFERENCE CENTER
Tamalpais Union High School District Office
395 Doherty Drive, Larkspur

FACILITATED BY IRA SACHNOFF

Brief Intervention (BI) is a short-term intervention that consists of 2-4 sessions aimed at adolescents who use alcohol, tobacco, and/or other drugs. This approach uses motivational interviewing, cognitive behavior therapy, and the stages of change model to meet the needs of adolescents.

TARGET AUDIENCE:
School Administrators,
Educators, Counselors,
School Nurses,
Community-Based
Organization Staff, and
others who work with
adolescents.



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