



**RESILIENCE CIRCLES OF SUPPORT:
SMALL GROUPS REFLECTING ON SOCIAL-EMOTIONAL AND TRAUMA RESPONSIVE
PRACTICES WITH YOUNG CHILDREN**

English Sessions
All times are 6-7 pm

**Strengthening Self-Care and Self Awareness
to Prevent Burnout**

September 14
October 6
November 3

**Trauma-Responsive and Resilience Building
Practices for *Pre-School-Age* Children**

December 8
January 5
February 9

**Trauma-Responsive and Resilience Building
Practices for *Infants-Toddlers***

March 2
April 6
May 4

**Top Tips to Support Children in Times
of Uncertainty and Stress**

June 8

- All groups are facilitated by Valentina Torres, MFT, and are designed to be a **safe place** for Early Childhood Educators and Caregivers to explore, reflect and learn with one another.
- Each resilience circle will be open to no more than 15 Early Childhood Educators and Providers.
- Early Childhood Educators & Providers choose dates they attend.
- One cohort will be offered in English and the other in Spanish (see other flyer).

* Registration will be by the workforce registry.
You must register separately for each session.

LOCATION: Virtual via Zoom
Zoom Link provided prior to each session

For more information, please contact Tanya Myers,
tmyers@marinschools.org