Stay home when you are sick, except to get medical care.

Wash your hands often with soap and water for at least 20 seconds.

Avoid touching your eyes, nose, and mouth.

Cover your cough or sneeze with a tissue, then throw the tissue in the trash.

Clean and disinfect frequently touched objects and surfaces.

Avoid close contact with people who are sick.

Stay home when you are sick, except to get medical care.

MORE INFORMATION
WEBSITE: MARINHHS.ORG/CORONAVIRUS
EMAIL: COVID-19@MARINCOUNTY.ORG