

EFFICIENCY & EFFECTIVENESS (E2) COLLABORATIVE 2018-2019 SUMMARY REPORT

Mission Statement

The purpose of the E2 Collaborative is to promote school districts' collaboration with one another and with other entities to efficiently and effectively maintain or enhance their educational offerings, administrative operations, and other school activities. By sharing information and services, school districts can leverage collective strengths, focus on economies of scale, and reduce redundant efforts.

Committee Co-Chairs:

- Jim Hogeboom, Superintendent, Novato Unified School District
- Linda M. Jackson, Board Trustee, San Rafael City School District

Committee Members:

- A.J. Brady, Board Trustee, Reed Union School District
- Barbara Owens, Board Clerk, Tamalpais Union High School District
- David Hellman, Board Trustee, Marin County Board of Education
- Debbie Butler, Board President, Novato Unified School District
- Heather McPhail Sridharan, Board President, Kentfield School District
- Jill Sellers, Board Vice President, Larkspur-Corte Madera School District
- Marilyn Nemzer, Board Trustee, Marin County Board of Education
- Mary Jane Burke, Marin County Superintendent of Schools
- Nancy Lynch, Superintendent, Reed Union School District
- Samantha Hunt, Field Representative, Office of Assemblymember Marc Levine
- Tara Taupier, Superintendent, Tamalpais Union High School District

AREAS OF FOCUS

The E2 Collaborative is comprised of Superintendents and Trustees that convene several times a year to learn of resources and to identify opportunities for collaboration between the Marin County Office of Education, school districts and local agencies.

Areas of focus in the 2018-2019 year included:

- Mental Health Wellness & Best Practices
- School Safety
- Affordable Housing
- Social Media Resources
- District Wide Calendar

FOCUS: MENTAL HEALTH WELLNESS & BEST PRACTICES

CRISIS RESPONSE SUICIDE PREVENTION AND POSTVENTION | 10.10.2018

Crisis Response Suicide Prevention and Postvention Protocols were developed in collaboration with the Marin County Health and Human Services, Kaiser Permanente, Marin County Office of Education, Marin County School Districts, and concerned community organizations.

Protocols were designed to be used by school officials and serves as a resource to guide schools by promoting thoughtful discussion about prevention, careful planning, and preparation to minimize stress and create conditions to keep people safe in the case of crisis.

[Click here to access the Crisis Response Protocols](#)

MENTAL HEALTH WELLNESS ACTIVITIES UPDATE | 5.8.2019

(The update below was provided at the 5.8.2019 meeting and has been incorporated into this report)

Crisis Response Protocol: Suicide Prevention, Intervention, and Postvention Implementation
Met with every teacher serving students in grades 7-12 in Marin County to introduce/review the Crisis Response Protocols. September 2018 – November 2018

Talk Saves Lives

A presentation that was designed to cover current research and findings related to suicide causality and prevention. Participants learned the common risk factors for suicide, how to spot the warning signs in others, and how to keep themselves, students, and those in the community safe. Presentations were held for the community and school staff. September 18, 2018, September 25, 2018 and December 3, 2018

AB 2246 Best Practices: Suicide Prevention, Intervention, and Postvention Policies

This training was designed to help administrators and educators update, as necessary, their existing practices and provide support in strategizing how to meet the requirements of the policy. November 9, 2018

Survivor Day

Individuals impacted by suicide gathered at Terra Linda High School to find comfort and gain understanding as they shared stories of healing and hope. November 17, 2018

Mental Health First Aide - How to Support Youth

Through a day of presentation and interactive exercises, this course taught participants how to help an adolescent (age 12-18) who is experiencing mental health challenges or is in crisis. September 27, 2018 and December 17, 2018

Emotional Regulation

Emotional Regulation for Children is an informative, two-part training program for professionals who work with young children (ages 2-9). This course empowers children to resolve emotional difficulties without teachers having to understand the underlying causes. Three sessions held from September 2018 – February 2019

Tapping

Tapping, also known as EFT (Emotional Freedom Techniques), is a technique based on the combined principles of ancient Chinese acupressure and modern psychology. Tapping can be used to resolve a range of issues, including stress and anxiety. A pilot Tapping Program was introduced in classrooms serving students with social/emotional/behavioral needs within Marin County. 2018-2019 School Year

Sandy Hook Promise: Signs of Suicide

Signs of Suicide (SOS) is a school-based youth suicide prevention program. The SOS Implementer training is a "Train the Trainer" model that begins by training school site teams of implementers, usually 2-5 members of the counseling team, in an educational curriculum for middle and high school students that teaches students how to recognize signs of depression and suicide and how to get peers help. March 29, 2019

SafeTALK

SafeTALK is a half-day alertness training that prepares anyone fifteen (15) or older, regardless of prior experience or training, to become a suicide-alert helper. SafeTALK trained helpers will be an important part of suicide-safer communities, working alongside intervention resources to identify and avert suicide risks. May 31, 2019 and June 1, 2019

Parent Education: Affluence, Pressure, and Academic Expectations

This parent focused training centered on strategies and resources to support families with developing healthy, sustainable homes that promote communication, mental wellness, and success. April 4, 2019

AB 2246 District Survey

The Marin County Office of Education developed a survey designed to obtain accurate information regarding the needs of each school district in Marin County, to ensure districts are providing the best resources and information related to suicide prevention, intervention, and postvention. All schools serving students grades 7-12, and the private school representatives who attended the AB2246 training in November, received the online survey. Results of the survey suggested more professional development was necessary related to suicide prevention.

Youth Wellness Survey

A small sample of students enrolled at each Marin County public high school were surveyed regarding their experiences related to wellness within the school setting. Results of the survey will inform future prevention efforts within Marin County.

Kognito

A research-based training tool designed for all staff working within the school setting is being vetted for a pilot implementation within Marin County schools.

Partnership with Tamalpais Union High School District Wellness Coordinator

The Marin County Office of Education has partnered with the Tamalpais Union High School District to share a portion of their Wellness Coordinator. This position will help support countywide wellness activities and discussions that focus on sharing evidence-based wellness practices within Marin County schools. 2019-2020 School Year

Marin County Schools Wellness Collaborative

The Marin County Office of Education will be hosting the Marin County Schools Wellness Collaborative in beginning in fall 2019. The collaborative will meet monthly to discuss best practices to enhance systems of support for adolescent health, mental health, substance use/abuse, and sexual health services within the school setting. Discussions will center on prevention, intervention, postvention and professional development related to health and wellness for students in grades 6-12 within Marin County. The meetings will serve as a forum for members to share and discuss proven resources and/or areas of need with colleagues engaging in the same work. 2019-2020 School Year

Marin County Strategic Plan for Suicide Prevention

Ongoing partnership with the Marin County Behavioral Health Department to develop a countywide plan to support suicide prevention in Marin County.

FOCUS: SAFE SCHOOLS AND PREVENTION SERVICES

MARIN COE SAFE SCHOOLS AND PREVENTION WEBSITE & RESOURCES | 12.12.2018

The Safe Schools and Prevention Services website is designed to support safe learning and offers resources for schools, students, staff, and parents in the following areas:

- Presentation Resources
- Crisis Toolkit
- Student Resources
- School Staff Resources
- Parent Resources

[Click here to visit the Safe Schools and Prevention Services website](#)

SAFE SCHOOLS AND PREVENTION UPDATE | 5.8.2019

(The update below was provided at the 5.8.2019 meeting and has been incorporated into this report)

Spring 2019 Updates

- Marin School/Law Enforcement Partnership
- Marin Schools Emergency Preparedness Council
- Marin County Emergency Medical Services Support and Coordination
- AB 1227 – Human Trafficking Training and Curriculum / PROTECT Pilot Project Update
- Sandy Hook Promise Programs and Training

School Law Enforcement Partnership (SLEP)

Cannabis Task Force - The SLEP Cannabis Task Force provided a presentation, overview and panel discussion on this topic at the March 20, 2019 Meeting, highlighted by statistical and medical perspectives by Dr. Matt Wills, and input from law enforcement and school officials on current practices and range of consequences for possession or use on school campus or in the community. The Cannabis Task Force has met three times and will provide an update and recommendations for next steps at the May 22, 2019 SLEP meeting.

School Violence and Prevention Program - MCOE is working with SLEP partners to submit a grant application to the Department of Justice to provide resources to support coordination between schools and law enforcement jurisdictions across the county. The focus of the grant application will be on developing capabilities and training across jurisdictions for two way anonymous reporting systems regarding threatening or concerning behaviors, and real time response.

Gun Safety - A letter to parents and guardians was sent out by Marin County Sheriff, Robert Doyle, Marin County District Attorney, Lori Frugoli, and Marin County Superintendent of Schools, Mary Jane Burke, in February of 2019.

Marin County Emergency Medical Services Support and Coordination

Stop the Bleed Grant and Training - MCOE is working with Marin County EMS to support a countywide grant that will provide over 500 "Stop the Bleed" kits, which will be distributed in every high school classroom across the county, with strategies for training of staff and students in progress.

AB 2009 / AED's in Schools - MCOE was awarded a grant from Marin County EMS to provide five refurbished AED's to Marin County Schools in preparation for AB 2009, which defines requirements for schools to install and maintain AED's, and goes into effect on July 1, 2019. Sausalito Marin City, Reed and Kentfield School Districts will be provided AED's and support for implementation of an AED program. Additional refurbished ZOLL AED's are available through MCOE and Marin County EMS including credit for older generation AED's that were used by the Sheriff's Office and are now surplus inventory. For further information on this program, please contact Mike Grant at mgrant@marinschools.org or (415) 499-5849.

Marin Schools Emergency Preparedness Council

American Red Cross Presentation on Schools as Shelters - At the final MSEPC meeting of the 2018-19 school year (May 9, 2019, officials from the American Red Cross will provide an overview of procedures, protocols and activations of schools as emergency evacuation and/or shelters, and how schools staff can most effectively support the critical first four hours of operation.

Additional Training and Resources

AB 1227 Human Trafficking Curriculum and Training in Schools - A PROTECT Curriculum and Training pilot program is underway with 44 staff from six school districts, plus staff from the Public Defender's Office, Marin County Children and Family Services and Homeward Bound having participated. The pilot program includes training for approximately 160 additional school staff and will include logins and access to age appropriate curriculum on this topic for elementary, middle school and high school teachers. Additional resources have been secured to provide a focused training and integration of curriculum at San Rafael High School, Davidson Middle School and feeder elementary schools. Training is being scheduled for August around back to school activities.

Sandy Hook Promise - On March 29, 2019 Sandy Hook Promise provided at SOS (Signs of Suicide) prevention training at MCOE with approximately 30 staff from 7 districts participating. Sandy Hook promise is actively pursuing additional support and training at Marin County Schools, at no cost to schools. For further information on this program, please contact Mike Grant at mgrant@marinschools.org or (415) 499-5849.

FOCUS: AFFORDABLE HOUSING

C STREET VILLAGE COHOUSING RESOURCES | 11.14.2018

Cohousing provides a unique opportunity to be your own developer, and to prioritize what community features are most important to include in a future neighborhood. Some of the benefits of living in cohousing include support for families, sharing culture, Sustainable features, people oriented, intergenerational community, generous common facilities, and being affordable by design. Some of the tenets of cohousing include co-developed, resident managed, and facilitation of community interactions.

[Click here to visit the C Street Village website](#)

NOVATO UNIFIED SCHOOL DISTRICT (NUSD) TEACHER HOUSING PROJECT | 3.13.2019

The Novato Unified School District (NUSD) and the City of Novato are exploring uses for land on San Andreas Drive. Understanding that attracting and retaining high quality teachers and city staff can be a challenge due to the rising cost of housing in the county, options that could utilize the site in a productive manner to help house the District's employees are being discussed.

FOCUS: SOCIAL MEDIA RESOURCES

COMMON SENSE MEDIA | 2.13.2019

Common Sense is the leading independent nonprofit organization dedicated to helping kids thrive in a world of media and technology offering accessible resources for parents, kids and districts.

Several resources were shared with all school districts, Parent Teacher Association, and other interested groups.

[Click here to view these resources on the Marin COE website](#)

FOCUS: MARIN COUNTY DISTRICT WIDE CALENDAR

DISTRICT WIDE CALENDAR | 3.13.2019

The district wide calendar allows for efficiency and effectiveness in the following areas:

- Impact on families with children in different schools/grades to share in school breaks
- Impact on teachers teaching in one district with children attending another district
- Summer school start dates
- Alignment of public/private/independent/parochial school calendars
- Student attendance at countywide classes
- Special Education transportation costs
- Professional Development coordination

A Calendar Committee comprised of Trustees and Superintendents was formed to continue the collaborative efforts on the district wide calendar.

CONTACT INFORMATION

For additional information on the Efficiency and Effectiveness Collaborative, contact Sally Chacon at 415.499.5829 or by email at schacon@marinschools.org.

[Click here to visit the Efficiency and Effectiveness webpage](#)