

# Tobacco Use Prevention Education (TUPE)

## TUPE Grades 6-12

Marin County Office of Education receives Tobacco Use Prevention Education (TUPE) Cohort L Tier 2 funding to support tobacco prevention/cessation efforts and youth development activities in the Marin TUPE Consortium's middle and high schools. Grant dollars are allocated to each Marin TUPE Consortium district to provide compensation for efforts on behalf of the project.

### **CONSORTIUM DISTRICTS**

- Marin County Office of Education
- Novato Unified School District
- Ross Valley School District
- San Rafael City Schools
- Shoreline Unified School District
- Tamalpais Union High School District

### **CURRICULUM**

**Project ALERT** (middle school) Eleven one-hour sessions delivered to all grade 7 students with three follow up sessions in grade 8.

**Being Adept** (middle school - Davidson only) Eight one-hour sessions delivered to all grade 7 students + one two-hour parent education event.

**Towards No Drugs (TND)** (high school) Twelve 45-60 minute sessions taught to all grade 9 students and all students in the non-traditional schools.

### **YOUTH DEVELOPMENT**

Teams of students from every participating middle school, high school, and non-traditional (continuation) school are trained as **TUPE Peer Educators**. These students deliver anti-tobacco messages at their school through classroom presentations and school-wide events. While the primary focus of the TUPE program is prevention of tobacco use, the strategies are comprehensive and include information on alcohol, marijuana and other drugs. Students build a wide variety of important and relevant skills, including effective communication, collaborative planning, public speaking, and decision making.

### **INTERVENTION & CESSATION SUPPORT**

**Brief Intervention** will be provided to students who are caught on school campuses using alcohol, marijuana, tobacco or other illegal substances. When there is a group of three or more students who are willing and wanting to quit, **cessation classes** will be offered to these students at the school site.

For more program information, visit the [Marin TUPE Consortium website](#).

## California Technical Assistance Leadership Funds (CTALF)

The Marin County Office of Education (MCOE) continues to receive Countywide Technical Assistance & Leadership Funds (CTALF) to support districts in capacity building, training, evaluation and coordination of tobacco prevention activities. MCOE receives approximately \$37,500 annually to provide these services on a countywide basis.