

Resources

American Dental Association (ADA) Web page at <http://www.ada.org/en/public-programs/national-childrens-dental-health-month/>. Further information about bringing dental care to schools can be found on the Attendance Works Web page at <http://www.attendanceworks.org/bringing-dental-care-to-schools/>.

The California Dental Association's [Dental Health Education Resource Guide](#) is a fun and informative way for teachers to introduce children to the importance of good oral health. Additional resources for educators are available through ADA's Smile Smarts! Oral Health Curriculum, which offers modular lesson plans for preschool through eighth grade.

Additionally, the National Education Association (NEA) Web site is a great resource for educators and parents to further promote good oral health and literacy skills for our students. The following are just a few resources available to get you started:

Oral Health Books for Kids makes learning about taking care of teeth fun. This book can be found on the NEA Web page at <http://www.nea.org/assets/docs/Ren-Oral-Health-Books-Brochure.pdf> (4MB).

Open Wide: Fun Science Activities Inside addresses questions such as (1) How does fluoride protect your teeth? (2) Why is flossing important? (3) How does acid affect bones? Have kids answer these questions and more with simple and fun experiments for the classroom or home. This book can be found on the NEA Web page at <http://www.nea.org/assets/docs/Renaissance-Experiment-Cards.pdf> (3MB).

Chew on This: Fun Tooth Facts for a Healthy Mouth. This fun-filled manual will engage students with questions like (1) What mammal has teeth but can't chew? (2) How much toothpaste does the average person use over a lifetime? (3) What was the oldest toothpaste made out of and who used it? (4) And when did brushing your teeth twice a day become a common practice? Learn the answers, and more, with these and other surprising facts about teeth and oral health. This manual can be found on the NEA Web page at <http://www.nea.org/assets/img/content/Renaissance-2014-Tooth-Tips.pdf> (6MB).

The Brushing and Reading Log Sheet will help kids keep track of their brushing and reading, and make sure they're hitting the goal of 2 x 2 + 20 (brushing teeth for two minutes twice a day plus 20 minutes of reading). This log sheet can be found on the NEA Web page at <http://www.nea.org/assets/docs/Ren-Brush-and-Read-Chart-Hires2.pdf>.