



# **Cognitive Behavior Therapy (CBT) Training 2015-16**

CBT trainings will include lecture and discussion, followed by demonstration and role play opportunities for the participants.

*Training times: 3:30 pm to 5:00 pm*

**October 14, 2015**

*How to introduce and orient your client to working in a CBT format.*

**November 18, 2015\***

**December 9, 2015\***

**January 13, 2016\***

**February 10, 2016\***

**March 9, 2016\***

**April 13, 2016\***

**May 11, 2016\***

*\*Course description will be provided at a later date.*