



**BRAIN
INJURY
NETWORK
OF THE BAY AREA**

Creating connections in the brain and in the community

Your Brain Matters!

Understanding Concussion

October 28th, 4p-5:30p

**(Location: Marin County Office of Education-
1111 Las Gallinas Avenue, San Rafael)**

RSVP 415-461-6771



**FOR: Teachers, Administrators, Coaches, Students,
Parents, Community Members**

Did you know that...our brain goes into a chemical energy crisis when a concussion occurs? A helmet does not prevent concussion? Over 300,000 sports related concussions occur each year? 20% of concussions happen at school? Symptoms may not show up the same day?

Come learn what a concussion is, how they happen, and what you can do if one occurs. From the NFL, to Little League, to falls and accidents, concussions are featured in the media regularly. A concussion is a brain injury and it is an important injury to understand and treat properly!

www.binba.org

www.concussionmarin.org