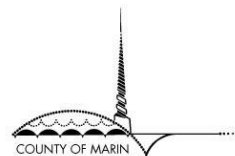




Mental Health First Aid Training

FREE one-day trainings available



<p>Monday April 27, 2015 8:30 am – 5:30 pm Marin Health and Wellness Campus - Connection Center 3240 Kerner Blvd San Rafael, CA 94901 Standard Adult <i>English only</i></p>	<p>Monday June 1, 2015 8:30 am – 5:30 pm Marin City Senior Center 630 Drake Avenue Marin City, CA 94965 For those working with Youth <i>English only</i></p>
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This course is brought to you by:
Marin County Mental Health and Substance Use Services
Mental Health Services Act – Prevention and Early Intervention Funds

- ***Participants must attend the full day.***
- ***Lunch will be provided.***
- ***A course in Vietnamese is anticipated. Please contact Edtiana Rockwell for more information.***

TRAINING REGISTRATION REQUIRED:

Complete the information below and email or mail it to: **Edtiana Rockwell at:**
ERockwell@marincounty.org • 415.473.2543 ph • 20 N. San Pedro Rd., Suite 2021, San Rafael, CA 94903

Name: _____ Agency/Affiliation: _____

Phone number: _____ E-mail address: _____

Date of course you would like to register for: _____ **April 27, 2015**
 _____ **June 1, 2015 Youth Focused**

We will email confirmation of your registration approximately three (3) weeks before the course date.

Who should attend? Anyone can take the 8-hour Mental Health First Aid course – including first responders, students and teachers, leaders of faith communities, service providers, and caring citizens. ***This course is not intended for trained mental health providers.***

Someone you know could be experiencing a mental illness or crisis. You can help them.

You are more likely to encounter someone – friend, family member, co-worker, neighbor, or member of the community – in an emotional or mental crisis than someone having a heart attack. Mental Health First Aid teaches a 5-step action plan to offer initial help to people with signs and symptoms of a mental illness or in a crisis, and connect them with the appropriate professional, peer, social, or self-help care.

www.MentalHealthFirstAid.org

Mental Health First Aid USA is coordinated by the National Council for Community Behavioral Healthcare, the Maryland Department of Health and Mental Hygiene, and the Missouri Department of Mental Health.



All public meetings and events sponsored or conducted by the County of Marin are held in accessible sites. Requests for accommodations may be made by calling (415) 473-4381(Voice)/(415) 473-3232 (TTY) or by emailing at disabilityaccess@marincounty.org at least **four work days** in advance of the event. Copies of documents are available in alternative formats, upon written request.