

# COVID-19 PANDEMIC MENTAL HEALTH RESOURCES COUNTY OF MARIN



## Mental Health Crisis Hotlines 24/7

- National Suicide Prevention Lifeline: 1-800-273-8255
- Buckelew Suicide Prevention Hotline (Local): 415-499-1100
- California Youth Crisis Line: 1-800-843-5200 - For youth (ages 12-24) and families
- The Trevor Project: 1-866-488-7386 - For LGBTQ youth
- The Friendship Line: 1-800-971-0016 - For seniors and caregivers
- Crisis Text Line: Text MHA to 741741



## Mental Health Support Lines

- Behavioral Health and Recovery Services Access Line: 1-888-818-1115 - For mental health or substance use assessment
- SAMHSA's Disaster Distress Line: 1-800-985-5990 or text **TalkWithUs** to 66746
- The Peer-Run Warm Line: 1-855-845-7415
- Community Action Marin: 415-459-6330 - Mental Health Warm Line



## Other Resources

- HHS COVID-19 Information Line: 415-473-7191
- General Resources: 211
- National Domestic Violence Hotline: 1-800-799-7233
- Food Locator website: <https://foodlocator.sfmfoodbank.org/>



DEPARTMENT OF HEALTH AND HUMAN SERVICES  
BEHAVIORAL HEALTH AND  
RECOVERY SERVICES

Promoting and protecting health, well-being, self-sufficiency, and safety of all in Marin County.



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