



**NO BULLY**

# Workshops for Parents & Guardians

## How to Bully-Proof Children In their Lives & the Digital World



**TOOLS TO USE AT HOME AND IN PARTNERSHIP WITH THE SCHOOL COMMUNITY**

**NOVEMBER 13, 2019  
6:00PM TO 7:30PM**

### **No Bully Introduction**

- Overview of No Bully Program
- How to support and guide children at home
- How to build supportive and collaborative partnerships with school.

**JANUARY 29TH, 2020  
6:00PM TO 7:30PM**

### **Power of Zero: Raising Children in a Connected World.**

- Understanding the internet and social media
- Building every child's ability to connect positively
- The importance of Digital citizenship
- Helping children thrive in the digital world.

**FEBRUARY 5, 2020  
6:00PM TO 7:30PM**

### **How to Stop Cyberbullying**

- Grades 3-8
- What Cyberbullying is and isn't
- Bully Proof your child on their phone, tablet, and computer.
- Build citizenship skills to promote social emotional learning and respect for diversity.

**MARCH 19, 2020  
6:00PM TO 7:30PM**

### **Stop Cyberbullying & Navigating the Social Media Landscape**

- Grades 6-12
- How to Bully Proof your children on their phone, tablet, and computer
- Navigate the ever changing social media landscape as responsible digital citizens.



**MARIN COUNTY**  
OFFICE OF EDUCATION

**Cost: FREE**

**To Register: <https://nobullymcoe.eventbrite.com>**

**Questions: 415.499.5870**

**Location: 1111 Las Gallinas Avenue, San Rafael CA 94903**



TRADUCCIÓN SIMULTÁNEA DISPONIBLE