



Virtual Trauma Care Series 2020-2021

Live & Recorded



Trauma and Resilience Overview Sessions

- **School and District Administrators**
August 11th 2020
- **Educators and Community**
August 14th 2020

2-3pm Live Zoom

Trauma Care Modules 30-minute Recorded Sessions

- Adult Self-Care and Self Awareness
To Prevent Burnout and Buffer Toxic Stress
- Nurturing and Responsive Relationships Part 1 & 2
- Safe and Predictable Environments Part 1 & 2
- Teaching Sensory and Emotional Literacy Part 1 & 2
- Managing Big Emotions and Self Regulation
- Looking at Trauma Through the Lens of an Individual Child

School Trauma Team Sessions

Coming Fall 2020
90 Minute Live Zoom Meetings
4 Sessions

Office Hours for Trauma Care

Live virtual meetings with Julie Kurtz. School consultation on trauma responsive and resilience building practices. **More Information**

Cost for Series: Free
Contact: Amanda Mattea
amattea@marinschools.org



Register Here!

<https://traumacaremcocoe.eventbrite.com>



Julie Kurtz, founder of Center for Optimal Brain Integration (COBI). COBI Seeks to give VOICE to all children and adults who have experienced trauma.