

## Counseling Enriched Classroom (CEC)

**San Rafael City Schools**

Terra Linda High School

Mike Gardner

*The CEC Program has played a critical role in helping at risk students develop coping strategies and resiliency for healthy, productive lives.*



For over 13 years, the Terra Linda High School (TLHS) Counseling Enriched Classroom (CEC) program has been meeting the needs of students overcoming significant social and emotional challenges. The program combines the expertise of a veteran special day class teacher and a licensed marriage and family therapist. Students in the CEC have access to educationally-related mental health services including individual, family and group counseling.

CEC program staff work in close partnership with the greater TLHS teaching faculty and a range of other service providers to support students to achieving their individualized academic and social/emotional goals. We are proud that the CEC staff, supported by the TLHS administration, have played a key role in addressing the stigma of seeking and receiving treatment.

The program has achieved very positive results with some of the District's most at-risk students. In the past five years, the CEC has graduated 100% of its seniors, most of whom have moved on to higher education.

