

## Male Catheterization Procedure

1. Wash and dry hands
2. Don gloves, open catheter and place on clean surface
3. Lubricate catheter if ordered
4. Retract foreskin (if needed) and hold penis at right angle from body, clean meatus and glans
5. Hold catheter 4 inches from tip and insert it into the urethra until urine flows. If there is slight resistance stop momentarily and then resume using slow, even pressure; it may help to twist the catheter. NEVER FORCE A CATHETER
6. Put other end of catheter into collection container
7. Hold catheter in place until urine ceases flowing. It is essential to completely empty the bladder.
8. Withdraw the catheter slowly and gently
9. Discard disposable equipment and waste material, or clean, wash and dry equipment with prescribed solution. If catheter is sent home, rinse it and air dry it, replace in container.
10. OR discard the catheter in a covered trash can.
11. Make sure that the pupil is dry and comfortable, assist with dressing as necessary.
12. Measure urine and discard it, rinse the container.
13. Record your findings in Catheterization Log.
14. Report any unusual observations or problems to parents and school nurse.